

Parkhall Integrated Soccer Academy

Parkhall
Integrated
College



Parkhall Integrated Soccer Academy BTEC Level 3 Extended Diploma in Sport



George Beattie
Principal
Parkhall Integrated College

We are absolutely delighted to be part of this unique and exciting venture for September 2021. This programme will allow 16- to 19-year-old students to achieve a BTEC National Extended Diploma in Sport at level 3, which is the equivalent of three A levels. This will build upon the BTEC National Extended Certificate which is already being delivered by our PE Department within our current post-16 provision. This new course will allow progression to degree-level study at higher education, study at further education level, direct entry into employment or to pursue scholarship opportunities in America.

This partnership approach with Rangers Soccer Academy will allow students to receive top quality coaching as players, technical and tactical development and strength and conditioning. It will also offer top quality coach education in relation to becoming coaches and top quality guidance in crucial areas such as performance analysis and the wider business aspects of sport. It will draw upon the vast array of expertise and experience through Rangers Soccer Academy's coaching platform and individuals in key positions within the club. The programme will be based around the key values of the club: relentlessness, excellence, aspiration and diversity, and will demonstrate the commitment of the club in working closely alongside an integrated college within Northern Ireland.

The partnership approach with Ballyclare Comrades Football Club will provide exciting opportunities at local club level for our students as players, coaches, performance analysts or working in strength and conditioning and provide a clear development pathway here within Irish League football.



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Phil Cowen
Senior Soccer Academies
Executive
Rangers Soccer Academy

Rangers Football Club, through Rangers Soccer Academy, is delighted to partner with Parkhall Integrated College in our football programme commencing September 2021.

Through our shared club 'ready' values we will provide a strong commitment to the academic side of the programme but equally expose all students to a wider professional coaching curriculum, matching to the most successful football club.

As we continue to expand our programmes domestically and internationally, we want to be at the forefront in supporting students from Northern Ireland and in Ross McCausland, former pupil and current youth professional at Rangers FC, we have a visual success story of what can be achieved.



Michael Dougherty
Director
Northern Ireland
Goalkeeper Institute

It is very exciting to be part of this amazing new venture. Through this, we have the potential to continue to develop the best goalkeepers throughout Northern Ireland. The opportunity to be part of these new initiatives involving the school and football clubs is fantastic.



Paul Harbinson
Manager
Ballyclare Comrades FC

Ballyclare Comrades FC are delighted to have the opportunity to provide the local pathway element to young aspiring footballers, sports scientists, physiotherapists, game analysts etc. As a club, we have worked tirelessly to expand into the community to provide opportunities to everyone within the Antrim and Newtownabbey Borough, and this is another part of that process.

Level 3 education has been a part of the development plan for the club for the future and when given the chance to work with Parkhall Integrated College, Rangers Soccer Academy and the Northern Ireland Goalkeeping Institute, we felt this would provide young people with the best possible package of support to further their own development.

Football has become a major industry across the world, and we hope that using this as a vehicle, we can help local young people to develop future careers across that sporting industry.



What will you study?

Unit	Year 1	Start Date	Completion Date
1	Anatomy & Physiology	September 2021 - May 2022	
22	Investigating Business in the Sport & Active Leisure Industry	September 2021 - May 2022	
7	Practical Sports Performance	1 st Sept. '21	22 nd Oct. '21
9	Research Methods in Sport	25 th Oct. '21	10 th Dec. '21
24	Sports Performance Analysis	3 rd Jan. '22	11 th Feb. '22
8	Coaching for Performance	21 st Feb '22	8 th April '22
4	Sports Leadership	18 th April '22	3 rd June '22
3	Professional Development in the Sports Industry	16 th May '22	24 th June '22

Unit	Year 2	Start Date	Completion Date
2	Fitness, Training and Programming for Health, Sport and Well-Being	September 2022 - May 2023	
19	Development & Provision of Sport & Physical Activity	September 2022 - May 2023	
5	Application of Fitness Testing	1 st Sept. '22	21 st Oct. '22
26	Technical and Tactical Demands of Sport	24 th Oct. '22	9 th Dec. '22
25	Rules, Regulations & Officiating in Sport	2 nd Jan '23	10 th Feb. '23
23	Skill Acquisition in Sport	20 th Feb. '23	21 st April '23



What will your day look like?

Monday	9.00am-9.30am 9.30am-9.45am 9.45am-11.15am 11.15am-12.00pm 12.00pm-3.00pm 3.00pm-4.00pm	Breakfast Activation/Mobilisation Pitch session Break/Lunch Academics Strength and conditioning
Tuesday	9.00am-9.30am 9.30am-9.45am 9.45am-11.15am 11.15am-12.00pm 12.00pm-3.00pm 3.00pm-4.00pm	Breakfast Activation/Mobilisation Pitch session Break/Lunch Academics Strength and conditioning
Wednesday	9.00am-9.30am 9.30am-9.45am 9.45am-11.15am 11.15am-12.00pm 12.00pm-3.00pm	Breakfast Activation/Mobilisation Pitch session Break/Lunch Academics
Thursday	9.00am-9.30am 9.30am-9.45am 9.45am-11.15am 11.15am-12.00pm 12.00pm-3.00pm 3.00pm-4.00pm	Breakfast Activation/Mobilisation Pitch session Break/Lunch Academics Strength and conditioning
Friday	9.00am-9.30am 9.30am-9.45am 9.45am-11.15am 11.15am-12.00pm 12.00pm-3.00pm	Breakfast Activation/Mobilisation Pitch session Break/Lunch Academics



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How to apply

If you are interested in applying for this course and expect to have five GCSEs at grade A*-C, please complete the form by following this link: <https://forms.gle/8bB3SejyCBxoHEp26>

If you wish to find out more about the course or have any questions, then please contact Mr. Harbinson at the following e-mail address: pharbinson697@parkhallintegratedcollege.antrim.ni.sch.uk

Alternatively, you can call Parkhall Integrated College on: 028 9446 8556



Ross McCausland, a former pupil of Parkhall Integrated College, who now plays for Rangers Football Club

