# **QUARANTEENS!**

# PARENT/TEEN COMMUNICATION Accredited remote training

These FREE ZOOM workshops are for anyone who works/volunteers with teens, parents or families.

### **Topics include:**

\*Practical ways to improve communication between adults and teens.

\*Information on Puberty and Sexual Health issues.

\*Where to find help and support for Parents and Teens.

### **Accreditation**

This course has been accredited by the Open College Network Northern Ireland at

Level 2. It has the value of 2 credits.

# Who should apply?

Anyone who works or volunteers with families. / youth / parents in the
Northern Ireland Health Trust areas

# **Training Costs**

This training is free of charge to successful participants.

funded by the

Public Health Agency

Live remote learning.

#### **Induction:**

Thurs 4th March 2021 10-10.30am

Session 1:Fri 5<sup>th</sup> March 2021 Session 2:Fri 12 March 2021 Session 3:Fri 19 March 2021 Session 4:Fri 26 March 2021 All at 10am — 11.30am





# For more information or an application form:

#### **Contact:**

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#### **Dates:**



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