



Winter Exams

Revision Booklet



How to use this booklet

Every subject has a checklist of the topics your teachers have set. As you revise, tick a box to show how confident you feel:

Not yet	I don't understand this yet – start here.
Nearly	I know some of it – I need more practice.
Nailed it	I'm confident – I can answer questions on it without my notes.

Update your ticks as you go. The goal is to get every topic to “Nailed it”.

 **Start with your Knowledge Organisers.** Start every topic with your Knowledge Organiser. It holds the key facts and Tier 3 words you need. Use it to make Flash Cards, check your Blurting and quiz yourself.

Planning your revision

- ★ Use the Pomodoro Technique: 25 minutes focus, 5 minutes break.
- ★ Start with your “Not yet” topics – that’s where you’ll gain most.
- ★ Space out your topics so you come back to each one a few times.
- ★ Plan your Pomodoros on the planner at the back.



My Learning Toolkit

A reminder of the skills from your My Learning Toolkit sessions. Each subject in this booklet has a Toolkit tip showing how to use them.

 Forgetting Curve	Without revisiting, we forget most new learning within days. Each time you review a topic, you forget it more slowly.
 Retrieval Practice	Remember: test yourself from memory before you look at your notes. The effort is what makes it stick.
 Flash Cards	Question or key word on the front, answer on the back. Keep them short – one idea per card.
 Spaced Practice & the Leitner System	Spread your revision out over time. Use Leitner boxes: right answers move up a box, wrong answers go back to Box 1.
 Pomodoro Technique	Work for 25 minutes with full focus, then take a 5-minute break. After four, take a longer break.
 Tier 2 & Tier 3 words	Tier 2: ambitious words that lift your writing in any subject. Tier 3: subject-specific key words from your Knowledge Organiser.
 Blurting	Write everything you know about a topic from memory, then check your Knowledge Organiser and fill the gaps in a different colour.

How the Leitner System works

 Box 1	 Box 2	 Box 3
Test every day New cards and cards you got wrong	Test every 3 days Cards you got right once	Test once a week Cards you know well

✓ **Right answer: move the card up a box.** ✗ **Wrong answer: back to Box 1.**

 **Wellbeing** Look after your wellbeing: sleep, food, water, fresh air and proper breaks all help your brain. If you're stuck, ask your subject teacher. If you're feeling stressed, talk to your form tutor, Head of Year or someone you trust at home.



English

Section A – Reading to infer and deduce from a poem, including recall of poetry we have studied. Spend 30 minutes on this section.

Section B – Writing to describe and entertain.

Topic	Not yet	Nearly	Nailed it
Topics to revise			
Sentence openers (use adverbs to open sentences)	☐	☐	☐
Show, don't tell – e.g. instead of 'The man was angry', write 'Stomping into the room, the man slammed the door.'	☐	☐	☐
Language techniques – simile, metaphor, alliteration, onomatopoeia, personification and rhetorical questions	☐	☐	☐
Vocabulary – carefully selected adjectives; use the Tier 2 vocabulary studied in lessons	☐	☐	☐
Punctuation – use a variety accurately: () ! ... “ ” ? capital letters : ; .	☐	☐	☐
Plan your work	☐	☐	☐
Spell words accurately	☐	☐	☐



Toolkit tip: Make Flash Cards for each language technique with an example. Keep a list of Tier 2 words and try to use three in every practice piece.



Modern Foreign Languages

Spanish

Reading paper (30 minutes): read in Spanish and answer questions, including translation into English.

Writing paper (30 minutes): short one-word answers (e.g. gap fill), finishing sentences in Spanish, translating sentences into Spanish, and a longer piece of writing.

Topic	Not yet	Nearly	Nailed it
Topics to revise			
Saying how many people are in your family	☐	☐	☐
Family members	☐	☐	☐
Saying what other family members are called	☐	☐	☐
Giving the ages of other family members	☐	☐	☐
Numbers up to 100	☐	☐	☐
Hair and eye descriptions	☐	☐	☐

See the specific revision list from your teacher on Google Classroom.



French

Reading paper (30 minutes): read in French and answer questions, including translation into English.

Writing paper (30 minutes): short one-word answers (e.g. gap fill), finishing sentences in French, translating sentences into French, and a longer piece of writing.

Topic	Not yet	Nearly	Nailed it
Topics to revise			
Meeting and greeting people	☐	☐	☐
Spelling in French	☐	☐	☐
Counting to 31	☐	☐	☐
Saying how old you are	☐	☐	☐
Days of the week	☐	☐	☐
Months of the year	☐	☐	☐
Saying when your birthday is	☐	☐	☐

See the specific revision list from your teacher on Google Classroom.



Toolkit tip: Make vocabulary Flash Cards and use the Leitner System. One Pomodoro a day on vocab will make a big difference.



Geography

Your exam lasts 1 hour and is worth 100 marks.



Bring: A black pen, pencil, ruler, rubber and calculator. You will not be able to borrow equipment and you will lose marks without it.

Topic	Not yet	Nearly	Nailed it
The restless Earth			
Structure of the Earth	☐	☐	☐
Plate tectonics and convection currents	☐	☐	☐
Plate boundaries			
Types of plate boundary	☐	☐	☐
Hazards and landforms at each boundary	☐	☐	☐
Volcanoes			
Parts of a volcano	☐	☐	☐
Types of volcano and how they erupt	☐	☐	☐
Earthquakes			
Measuring earthquakes	☐	☐	☐



Topic	Not yet	Nearly	Nailed it
Reducing the risk from earthquakes	☐	☐	☐
Case studies			
Causes, impacts and responses of the volcano and earthquake case studies from class	☐	☐	☐
Tier 3 vocabulary			
Key words and meanings from your Knowledge Organiser	☐	☐	☐
Map skills			
OS maps and GIS	☐	☐	☐
Grid references	☐	☐	☐
Compass directions	☐	☐	☐
Scale and distance	☐	☐	☐
Relief and contour patterns	☐	☐	☐
Cross-sections	☐	☐	☐
Map projections	☐	☐	☐



Exam tip: Write in full sentences and use Tier 3 vocabulary.



Toolkit tip: Blurt each case study (causes, impacts, responses), then check it against your Knowledge Organiser and fill the gaps.



Home Economics

Topic	Not yet	Nearly	Nailed it
Personal hygiene	☐	☐	☐
Safety rules	☐	☐	☐
Equipment and recipes	☐	☐	☐
8 healthy eating tips	☐	☐	☐
Eatwell Guide	☐	☐	☐
What influences consumer choices	☐	☐	☐
Being an ethical consumer	☐	☐	☐
Ethical food choices (Fairtrade, seasonal)	☐	☐	☐
Improving a recipe to make it healthier	☐	☐	☐
Food storage	☐	☐	☐
Organic food	☐	☐	☐



Topic	Not yet	Nearly	Nailed it
Food miles	☐	☐	☐
Food production	☐	☐	☐

 **Toolkit tip:** Make Flash Cards for the 8 healthy eating tips and key terms from your Knowledge Organiser, and space them out over the week.



History

Topic	Not yet	Nearly	Nailed it
The Reformation and Martin Luther	☐	☐	☐
The spread of Protestantism	☐	☐	☐
Henry VIII and religion	☐	☐	☐
Henry VIII and his wives	☐	☐	☐
The return of Catholicism	☐	☐	☐
Culture during the Reformation	☐	☐	☐

 **Toolkit tip:** Blurt Henry VIII's wives and the religious changes in order, then check your Knowledge Organiser.

Maths revision guides are on the Parkhall Integrated College website:

sites.google.com/c2ken.net/parkhall-mathematics/ks3-yr8-10

You must be signed into Google with your c2ken email.

1. Go to the Winter Exam section.
2. Click on the paper you want to revise for.
3. Click on a topic in the spreadsheet – this opens the worksheet.
4. Try the questions suggested in column C of the spreadsheet.
5. Mark your answers by selecting the tick at the bottom of the worksheet.
6. Need more help? Click the YouTube logo at the top of the worksheet.

Write in the topics for your paper as you work through them:

Topic	Not yet	Nearly	Nailed it
	☐	☐	☐
	☐	☐	☐
	☐	☐	☐
	☐	☐	☐
	☐	☐	☐
	☐	☐	☐



Toolkit tip: Plan one worksheet per Pomodoro. Come back to your Red topics a few days later to beat the Forgetting Curve.



Religious Education

Introduction to the basics of a world religion.

Topic	Not yet	Nearly	Nailed it
Judaism			
What is Judaism?	☐	☐	☐
Passover	☐	☐	☐
Synagogue and place of worship	☐	☐	☐
Importance of symbols and objects	☐	☐	☐
Moses			
Birth	☐	☐	☐
Flees to Midian	☐	☐	☐
Burning bush	☐	☐	☐
10 plagues	☐	☐	☐

Topic	Not yet	Nearly	Nailed it
10 Commandments	☐	☐	☐

 **Toolkit tip:** Use Flash Cards and the Leitner System for the 10 plagues and the 10 Commandments.



Science

Topic	Not yet	Nearly	Nailed it
Hazard symbols	☐	☐	☐
Particles - solid, liquid and gas	☐	☐	☐
The periodic table	☐	☐	☐
Reading line graphs	☐	☐	☐
Separating techniques	☐	☐	☐
Group 1 metals	☐	☐	☐
Electronic structure	☐	☐	☐
Elements, compounds and mixtures	☐	☐	☐
Animal and plant cells	☐	☐	☐
Reproductive system - male and female	☐	☐	☐

 **Toolkit tip:** Learn the Tier 3 words from your Knowledge Organiser with Flash Cards, then blurt each topic.



Technology and Design

Topic	Not yet	Nearly	Nailed it
Input, process and output electronic components	☐	☐	☐
Polarised and unpolarised electronic components	☐	☐	☐
Electronic components and symbols	☐	☐	☐
Series and parallel circuits	☐	☐	☐
Printed circuit board (PCB) fault finding	☐	☐	☐
Heat shrinks	☐	☐	☐
The 4 stages of soldering	☐	☐	☐
Structure and stand plastic	☐	☐	☐
Acrylic waste material	☐	☐	☐
Stress points	☐	☐	☐
Relief cuts	☐	☐	☐
Design question based on your project	☐	☐	☐



Toolkit tip: Make Flash Cards for electronic components – the symbol on the front, its name and whether it's an input, process or output on the back.



My revision planner

Plan one topic per Pomodoro and space your subjects out. Tick each one off when it's done.

Week 1

Day	Pomodoro 1	Pomodoro 2	Pomodoro 3
Mon			
Tue			
Wed			
Thu			
Fri			
Sat			
Sun			

My reward for sticking to my plan this week: _____

Week 2

Day	Pomodoro 1	Pomodoro 2	Pomodoro 3
Mon			
Tue			
Wed			
Thu			
Fri			
Sat			
Sun			

My reward for sticking to my plan this week: _____



Exam-day checklist

In my bag

☐	Black pen (and a spare)
☐	Pencil, ruler and rubber
☐	Calculator
☐	Clear pencil case and water bottle

Before the exam

☐	I know which exams are on today
☐	I had a good night's sleep and ate breakfast
☐	I've done 5 minutes of Retrieval Practice – no last-minute cramming
☐	My phone is switched off and in my bag

In the exam

☐	Read every question carefully and underline the key words
☐	Check how many marks each question is worth
☐	Answer every question – a good attempt can still get marks
☐	Use spare time at the end to check your work

Good luck – you've got this! 