



Parkhall Integrated College

Health Education Policy

Agreed by Board of Governors: November 2021

To be reviewed: November 2024

Rationale

Parkhall Integrated College aims to “enhance the personal and social development of each pupil” by improving their understanding and appreciation of a healthy lifestyle. Health Education includes a wide range of topics such as drugs (including alcohol and tobacco), healthy eating, mental health and sexual behaviour.

Purposes

The College strives to enhance pupils’ self-esteem by encouraging them to use their initiative, make informed choices and exercise responsibility for their own health and that of others. Our Health Education programme aims:

- to promote positive attitudes towards health
- to develop decision-making skills about matters relating to health
- to enable pupils to examine and accept responsibilities towards themselves and others
- to raise pupil awareness of their responsibility for choosing and maintaining a healthy environment by providing an appropriate knowledge base and the skills to interpret it.

Guidelines

- The teacher in charge of Health Education is responsible for co-ordinating the Health Education Programme throughout school.
- Health Education is delivered both as a cross-curricular theme and in designated subjects such as Personal, Social and Health Education (PSHE), Home Economics and Science
- Where appropriate, outside agencies are invited to have input into the Health Education programme. The teacher in charge of Health Education is responsible for liaising with outside agencies.
- A variety of teaching strategies are used including active learning, group work, use of visual aids, videos and other media.
- Pupils have opportunities to discuss issues appropriate to their age group with peers and staff.
- Pupils have opportunities to explore their own values and attitudes to health issues.
- The school operates a **strict no smoking policy for all**, including that of e-cigarettes.
- The school makes in-house provision for basic medical procedures to be completed in school e.g. inoculations.
- Pupils and staff are encouraged to evaluate the work of outside agencies in promoting health awareness.
- Promotion of health education issues are displayed on school screens in corridors.
- Pupils are made aware that teachers can offer no guarantee of confidentiality where it is deemed the pupil is involved in risk taking behaviour. In such instances the pupil in question is referred to the Designated Teacher.

These policy Guidelines are translated into action through other policies and procedures, for example:

Drugs Policy Pastoral Care Policy Curriculum Policy Relations and Sexuality Education

Chair of Board of Governors: - **M. Alexander**

Date 22/11/2021